



Facial/Hydrfacial MD Pre and Post Care Instructions

Please follow steps for optimal results.

Your skin will thank you and the compliments will certainly come your way!

1. Discontinue the use of any Isotretinoin products such as Accutane for 12 months before treatment.
2. Discontinue the use of Retin-A or generic tretinoin for at least 72 hours before and after treatment.
3. Refrain from any type of exfoliating treatments such as glycolic acid or enzymes to the area for 72 hours before and after treatment.
4. Refrain from any medium or deep chemical resurfacing treatments, peels and laser treatments for 1 month before and after your HydraFacial treatment.
5. Refrain from waxing and use of depilatories for 72 hours before and after treatment.
6. Discontinue use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid 48 hours before and after your treatment.
7. Avoid excessive sun exposure as well as the use of artificial tanning beds for 72 hours before and after treatment. Always wear sunscreen!
8. Wait 2 weeks after botox and fillers to undergo a treatment. Botox and fillers can be given on the same day, but AFTER your HydraFacial treatment.
9. For men, shaving is not recommended on the day of treatment. If you choose to shave, please do so 4-6 hours prior to treatment.
10. Avoid heat (hot showers, sauna and intense cardio) for 24 hours after treatment.
11. If you do not need to apply make-up for the remainder of the day (on the day of your treatment) then wait until the next morning to wash your face.

You will see improvement as soon as the first treatment!

Please contact us at 816-359-3310 if you have any questions or concerns.